

DOMESTIC VIOLENCE AWARENESS MONTH



OCT. 2026

Visit [DVIS.ORG](https://dvis.org) to learn about our mission.

Share [DVAM calendar](#) on socials.

1

What if DVIS wasn't here?

Watch this [legacy video](#) from our CEO.

2

Memorize the DVIS 24-hour helpline #:

**918-7HELP-ME
918-743-5763**

3

Follow dvistulsa on [Facebook](#) and [Instagram](#).

4

Abuse is not always physical.

Learn about [different forms of abuse](#).

5

Do you know about our [TEXT LINE?](#)

Text SAFE to 207-777

6

Share a DVIS **#Wishlist Wednesday** post on FB or IG.

7

Curious about the many ways you could be a DVIS [volunteer?](#)

8

What if DVIS wasn't here?

Watch this [legacy video](#) from Jenni.

9

World Mental Health Day

Visit [DVIS.ORG](https://dvis.org) to learn about our programs.

10

Do you know about DVIS's [Chrysalis Community?](#)



11

Indigenous Peoples' Day

Learn about [DV in OK Native communities](#).

12

Watch this [TED talk](#) with Jackson Katz on being more than a bystander.

13

Talk to a teen in your life about [Healthy Relationships](#).

14

PURPLE THURSDAY



Wear purple, post pics, pass out ribbons.

15

What if DVIS wasn't here?

Watch this [legacy video](#) from Felicia.

16

Come to [MUTT STRUT!](#) 11am 41st & Riverside.

Support our kennel!

17



Read [DVIS ENews](#).

[Subscribe](#) to our ENews.

18

DV TOWN HALL
6pm Union HS (Grand Hall)

with DOJ, FSC, and Tulsa City Council districts 2, 7, 8, 9

19

DV TOWN HALL
6pm Hannah Hall (el Centro)

with DOJ, FSC, and Tulsa City Council districts 5 and 6

20

Learn how be an [Upstander](#).



21

Read [You Throw Like a Girl](#) by Don McPherson.

22

What if DVIS wasn't here?

Watch this [legacy video](#) from Don & Bobbie.

23

Watch the documentary [Telling Amy's Story](#).

24

Learn about the [effects of DV on children](#).

What is a [mandatory reporting state](#).

25

Suggest DVIS for an [Educational Presentation](#) at your school or work.



26

CANDLELIGHT VIGIL for lives lost to DV



7pm at Family Safety Center

27

Read [No Visible Bruises](#) by investigative journalist Rachel Louise Snyder.

28

DVIS OPEN HOUSE 9-11am

DV TOWN HALL
6pm Veterans Park (Centennial Ctr) districts 1, 3, 4

29

What if DVIS wasn't here?

Watch this [legacy video](#) from Joe & Darcey.

30

Find costumes on clearance and [donate them](#) to our kids' closet for playing dress-up!

31

